



# **TEAMSTERSCARE BENEFITS**

**for Members of our  
Retiree Clinical Services & Vision Plan**

*☞ Highlights of Your Coverage  
Under the Clinical Services & Vision Plan ☞*

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*Teamsters Union 25 Health Services & Insurance Plan*

2007

# I. Your TeamstersCare Benefits:

## *Dental*

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### *TeamstersCare Dentists*

You and your spouse have an outstanding option for basic dental services: complete access to our TeamstersCare dental offices in Charlestown, Chelmsford, and Stoughton. There is no charge to you for preventive visits, such as oral exams, x-rays, and cleanings. For all other visits, you make a \$5 or \$10 TeamsterShare Payment. There's no paperwork involved or claims to submit.

TeamstersCare dental offices are staffed with expert, professional dentists, hygienists, and dental assistants, some of whom teach at Tufts and Boston University Dental Schools.

### *Making Appointments*

The Charlestown, Chelmsford, and Stoughton offices all have the same schedule:

- Monday through Thursday – 8 a.m. to 8 p.m.
- Fridays – 8 a.m. to 5 p.m.
- Saturdays – 8 a.m. to 4 p.m.

To make an appointment, call the TeamstersCare dental office you plan to visit, using one of the following numbers:

- **Charlestown**

local:	617-241-9220
in Massachusetts:	800-442-9939
outside Massachusetts:	800-225-6135

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- **Chelmsford**

local:	978-256-9728
long distance:	800-258-2111

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- **Stoughton**

local:	781-297-7360
long distance:	877-326-1999

## *Dental Services Provided at TeamstersCare In-house Facilities*

The following general services are available at our three TeamstersCare dental offices:

- dental examinations and x-rays
- fluoride treatment and sealants
- cleaning and scaling
- fillings – amalgam and composite
- root canals – for front upper and front lower teeth
- simple extractions – loose primary or permanent teeth, at the discretion of the TeamstersCare dentist
- dentures – full or partial
- denture repair and relining
- second opinions
- emergency care – including evaluating and treating dental problems that are within the scope of the services provided at our TeamstersCare dental offices

## II. Your TeamstersCare Benefits: *Hearing Care*

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TeamstersCare provides you with hearing care services at our state-of-the-art Charlestown Audiology Office. Benefits include testing for you and your spouse, hearing examinations and diagnostic evaluations, middle ear analysis, and hearing aid-related visits – *at no cost to you*.

You and your spouse can receive discounts of up to 15% on hearing aids from approved TeamstersCare vendors. You first need a hearing exam and voucher from TeamstersCare’s audiologist.

## III. Your TeamstersCare Benefits: *Vision*

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TeamstersCare has a contract with Davis Vision to provide you and your spouse with excellent vision benefits, at a reduced cost.

### *Davis Vision Network*

Davis Vision has some 300 locations throughout New England, including New York. Under TeamstersCare's Plan, you can visit any Davis Vision optometrist for a broad range of eye care services and supplies – *generally, at no cost to you.*

### ***Your TeamstersCare Vision Benefits***

You and your spouse are eligible for a routine vision exam once every 24 months, at no cost to you. In addition, you can select:

- eyeglasses from the plan's eyewear selection, *at no cost to you*
- contact lenses, *for a \$25 copay*

When choosing either glasses or contacts, you must make your full selection at the time you have your authorized eye examination.

### *Eyewear You Can Select*

The Plan offers an extensive assortment of eyeglasses, all with a one-year warranty. You can select:

- *at no cost to you*
  - eyeglasses; a wide variety of frames and lenses; prescription sunglasses
- *for a \$25 copay—*
  - standard, daily-wear soft contact lenses
  - or**
  - a three-month supply of disposable lenses with a cleaning kit
  - and**
  - all visits needed to fit the lenses and provide follow-up care

### *Selecting More Than One Pair of Glasses*

TeamstersCare's Vision Plan provides you and your spouse with additional pairs of glasses from a full eyewear selection.

You are each eligible to receive two pairs of glasses, every 24 months. The glasses can be in any combination of lenses, except that both pairs must be prescription. You must select both pairs of glasses at the time of your examination.

### *If You Choose Contact Lenses*

You can select either contact lenses or eyeglasses, but not both. If you choose lenses, you then have to wait 24 months before you can select eyeglasses from the Plan. Also, once the contact lenses are fitted, you cannot exchange them for eyeglasses. The Plan does not cover extra contact lenses, replacements, or contact lens insurance. However, if you select disposable lenses, Davis Vision may offer additional lenses for a discount. For information on this option, call 1-800-LENS123.

For contact lenses, you have to pay a \$25 fee directly to Davis Vision. If you need a type of contact lens not available from the Plan, TeamstersCare will pay for your eye exam, but you must pay all other costs.

### ***Using the Plan***

To schedule an appointment, call a local Davis Vision office directly or call 1-800-999-5431 for a list of providers in your area. When you call, the Davis Vision professionals will help determine whether you're eligible for an examination and glasses under the Plan. If you need more information about contacting Davis Vision, call us at our TeamstersCare Charlestown office.

***Important Note: For vision care, it's important to remember that equipment, services, and supplies are covered only when they're provided through the TeamstersCare Vision Plan at a Davis Vision network optometrist.***

### ***TeamstersCare Offices***

***Charlestown: 617-241-9220 (local) ♦ 800-442-9939 (in MA) ♦ 800-225-6135 (outside MA)***

***Chelmsford: 978-256-9728 (local) ♦ 800-258-2111 (toll free)***

***Stoughton: 781-297-7360 (local) ♦ 877-326-1999 (toll free)***