



# Families First - Free Workshop Series

**#1: Healing Hearts and Promoting Recovery: Coping with Addiction**

**When: Tuesday, August 14th, 2018 7:00-8:00pm**

**Where: Teamsters Local 25 Day Room, 544 Main St., Charlestown**

**Who: Open to all TeamstersCare and Teamsters Local 25 families and loved ones**

## In this workshop:

- > Featured speakers
  - a person in recovery
  - a parent dealing with the loss of her son
- > Question and answer session
- > Education about addiction
- > Tools to help you grow and cope

## Who should attend:

Anyone impacted or interested in learning more about the disease of substance use disorders, including opioids, heroin, alcohol, cocaine, etc...



**Location:** DAY ROOM TEAMSTERS LOCAL 25, 544 Main Street, Charlestown MA 02129

For more information call **1-800-851-8326** ask for **Leslie Russell**  
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