Yes, DEADLY...

When?

- When reused after a period of abstinence
- When abused for the first time
- When used outside of prescribed guidelines
- When used with Alcohol and/or other Substances

How Deadly?

2018

 1 in 115 Americans die every day from opioid overdose (including prescription pain killers)

2017

- There were 2,155 opioid related deaths
- Opioids are now the leading cause of death of Americans under age 50

2016

 On average, in Massachusetts 4 people die of an overdose every day

2015

- There were 1,400 reported overdose deaths in Massachusetts
- More people died from drug overdoses than motor vehicle accidents

Call 1-800-851-TEAM (8326) TeamstersCare EAP



RAFT

- Referral
- And
- Follow-up
- Team

If you use because you want to,
that's your business
If you use because you have to,
we're willing to make it our business

RAFT Meetings:

Wednesdays @ 7:00 pm Day Room, Teamsters Local Union 25 544 Main Street, Charlestown

Saturdays @ 9:00 am TeamstersCare Wellness Office 1214 Park Street, Stoughton

(No meetings in July and August in Stoughton)

1-800-851-TEAM (8326) TeamstersCare EAP



EAP (Employee Assistance Program)
Teamsters Helping Teamsters





What Should I Look For If I Suspect Drug Abuse?

- Bent spoons
- Foil with burn marks
- Q-tip heads
- Razor blades
- Hypodermic needles
- Constricted pupils (pinpoint)
- Behavior changes
- Drowsiness
- Staying up nights
- Sleeping all day
- Secretive calls and texts
- Weight loss
- Watery eyes
- Skin flush and/or itchy skin
- Perspiration on upper lip

What Can I Do?

- **✓** Get trained in the use and administration of Narcan
- ✓ Believe your eyes, not your ears (what you see and not what you're told)
- ✓ If something looks wrong...
 SAY something, DO something

Think twice before you roll the opiate dice...

- 🏶 It's a risky gamble
- Get out of the opiate game
- It's a losing proposition
- Level the playing field
- Get help!



TeamstersCare EAP can increase your odds of winning.

Call 1-800-851-8326 today!

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What are the Benefits of Getting/Staying Clean?

- Lives are saved
- **P**Children and families stay together
- **♥** Jobs are kept
- **Finances** improve
- Legal issues are avoided
- You become whole again
- Call today to get back on the path...

TeamstersCare EAP 1-800-851-8326 www.teamsterscare.com

Additional online resources that provide helpful information:

http://helpline-online.com

Massachusetts substance abuse helpline

http://www.drugfreeworld.org/#/videos

The truth about drugs with short videos

http://learn2cope.org/

Peer-led support network

http://www.samhsa.gov/atod/opioids

Educational information about opioids

http://www.theherrenproject.org/

Education and assistance

http://grasphelp.org/

Resource for those with a loved one who died as a result of addiction