Three convenient TeamstersCare locations to meet

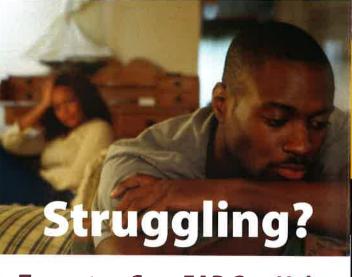






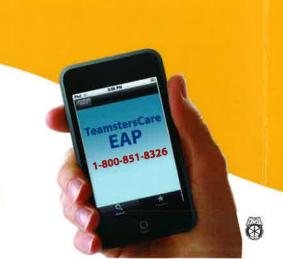


TeamstersCare EAP 1-800-851-8326



TeamstersCare EAP Can Help

Call EAP today for confidential assistance at 1-800-851-8326



April, 2018

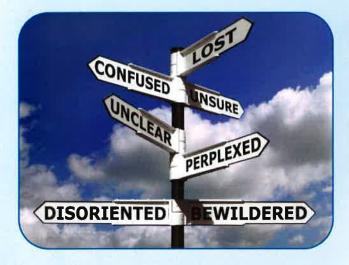




Your TeamstersCare Employee Assistance Program

What is the TeamstersCare Employee Assistance Program – EAP?

TeamstersCare EAP is a wellness resource for advice or guidance which is available to TeamstersCare members, retirees, and their families.



Available Services

- Short-term counseling sessions (up to 3 visits)
- Assessment and referral
- Case management
- Addiction Issues

TeamstersCare EAP Is:

- Strictly confidential; no information about you is reported to anyone without your written consent
- Provided to you at no charge
- Available to you by phone or in person, at a convenient location

Other Services

Advice or guidance with:

- Personal problems
- Family & relationship issues
- School advocacy
- Health concerns
- Alcohol or drug problem
- Financial or legal concerns
- Domestic violence
- Depression
- Loss of motivation or trouble concentrating
- Panic, anxiety, emotional stress
- Grief counseling-loss of a loved one
- Life events-births, accidents, death
- Job stress or job loss
- Child emotional issue
- Child autism issues
- Concerns about aging parents
- Any problematic behavioral issue

We're here to help – no problem is too big or too small.

Call us at 1-800-851-8326



TeamstersCare R.A.F.T. Program (Referral And Follow-up Team)



R.A.F.T. is:

- Alcohol/Substance Abuse Recovery Program
- Developed by Teamsters to help fellow Teamsters

Join us for a meeting...

 Wednesday evenings at the Charlestown Teamsters Local 25 Union Hall

Or

 Saturday mornings at the Stoughton TeamstersCare Office

If you use because you want to, that's your business...

If you use because you have to, we're willing to make it our business.

1-800-851-8326





www.teamsterscare.com